

Committee Members

A.A. COMMITTEE		AL-ANON/ALATEEN COMMITTEE	
Committee	Chair/Co-Chair	Committee	Chair/Co-Chair
Chair	Cheryl D./Derek E.	Secretary / Treasurer	Leslie C.
Secretary	Pete C.	Kickoff	Caroline J.
Treasurer	Daniel H.	Panels	Margie S.
Accessibility	Mike R.	Literature	Jody B.
Alkathon	Chris L.	Gifts & Flowers	Bernadette V.
Archives	Jeff D.	Favors	Leslie C.
Audio-Visual	Jeff K.	Trusted Servant	Brenda S.
Banquet/ Decorations	Amy S./Alison M.	Trusted Servant	Andrea G.
Entertainment	Sean C./Chris C.		
Greeters	Matt M.		
Hospitality	Amber I.		
Literature	Bill S.		
Panels	Steve V.		
Printing	Hugh B.		
Public Info	Janet U./Will S.		
Registration	Bruce L./Tom W.		
Talent	Mike S./Dennis M.		
Ushers	Mike L./Pat R.		
Volunteer Coordinator	Levi M.		
Website	Levi M.		

Your Service is Needed:

Roundup Committee meetings are held on the first Wednesday of the month at 6:00 PM at the Syracuse A.A. Service Center, 2513 James Street, Syracuse, NY 13206

We Pay Our Own Way

There are many A.A. conventions held around the world with Al-Anon and Alateen participation by invitation. One of the most common misconceptions is that conventions are A.A. meetings. Conventions are special events which require a substantial amount of funding, not regular meetings. This convention is self-supporting. No group money is used to pay for this event. The cost of this convention is paid through your registration fees. No baskets are passed. Attendance is voluntary and as responsible A.A., Al-Anon, and Alateen members, **we pay our own way!**

The Roundup is organized by the Operational Committee of the Salt City Mid-Winter Roundup, Inc., a 501(c)(3) corporation.

We would like to recognize the generous support of:
Visual Technologies
Byrne Dairy

Join us for the 38th Annual
Syracuse Salt City Mid-Winter Roundup
February 20-22, 2026

EVENT PROGRAM



Al-Anon and Alateen Participation

Marriott Syracuse Downtown, Hotel Syracuse
100 East Onondaga Street
Syracuse, NY 13202
www.saltcityroundup.com

**Paid registration is required Friday and Saturday.
No admission fee on Sunday.**

Name tags MUST be displayed at all times.



Scan the QR code to view the online schedule as well as program updates.

Forever growing together

Registration & Accessibility Canadice

Hospitality Committee Room (1st Floor)/
Honeoye (Ground floor)

Friday 2:00 PM - Midnight
Saturday 7:30 AM - 11:00 PM
Sunday 7:30 AM - 10:00 AM

Buffet Dinner Finger Lakes Ballroom

Saturday 6:15 PM - 7:45 PM | Reservations Only

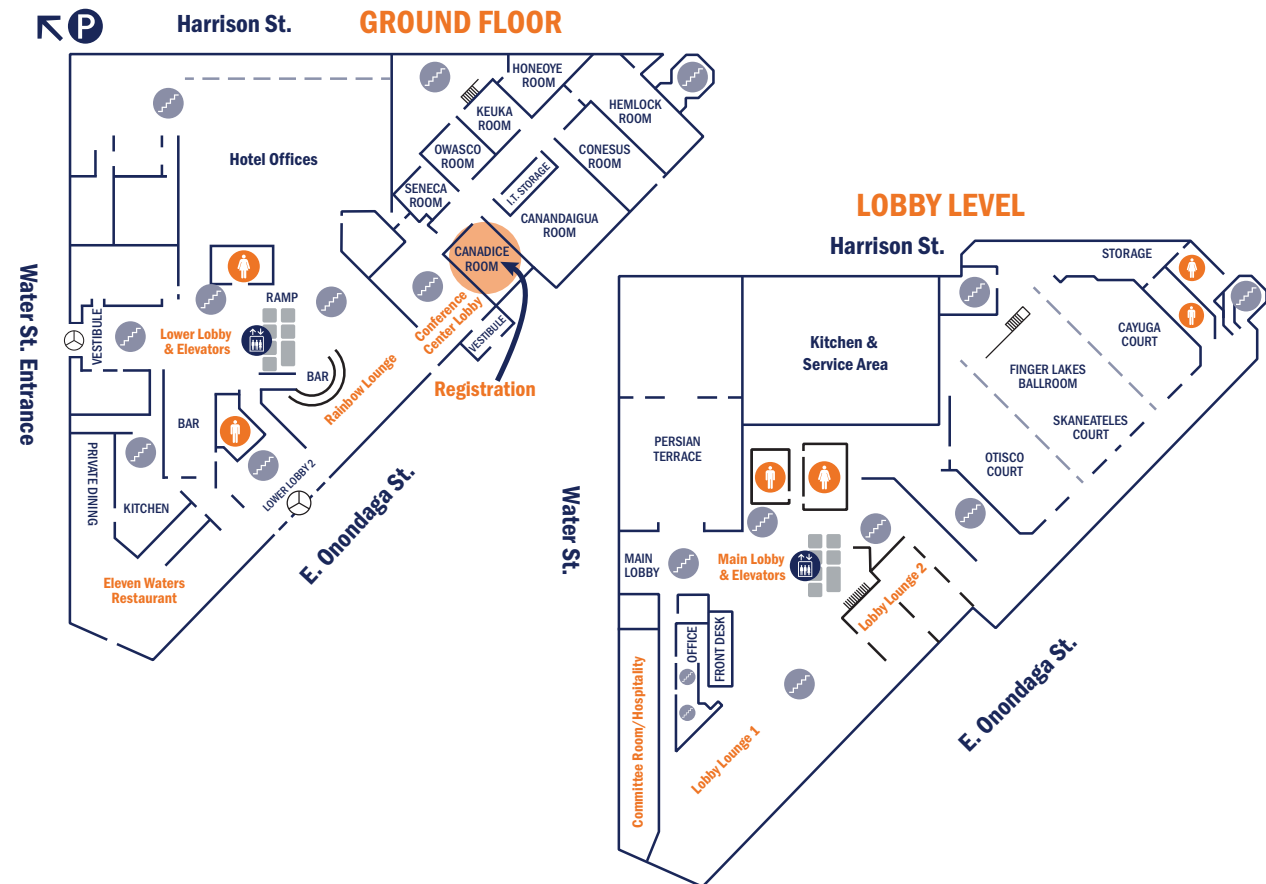
Alkathon Owasco

Friday 3:00 PM - Midnight
Saturday 7:00 AM - Midnight
Sunday 7:00 AM - 10:00 AM

Al-Anon Spoken Here Keuka

Friday 3:00 PM - Midnight
Saturday 7:00 AM - Midnight
Sunday 7:00 AM - 10:00 AM

**A.A. & Al-Anon Literature, Public Information,
Audio Recorder & Vendor, A.A. Archives** Hemlock



FRIDAY-SUNDAY – ONGOING

Hospitality	Committee Room (Lobby Level) & Honeoye (Ground Floor)
AA & Al-Anon Literature	Hemlock
Alkathon	Owasco
Al-Anon Spoken Here	Keuka
Archives	Hemlock
Audio-Recorder & Vendor	Hemlock
Public Information	Hemlock

FRIDAY

4:00 PM – 5:00 PM	Finger Lakes Ballroom
Kick-Off Speaker: Matt M.	

5:15 PM – 6:15 PM	Finger Lakes Ballroom
Early Bird Speaker: John A.	

6:30 PM – 7:30 PM	Finger Lakes Ballroom
Kick-Off Al-Anon: Caroline J.	

8:00 PM – 9:00 PM	Finger Lakes Ballroom
Friday Night Speaker: Steve S., Raleigh, NC	

Steve's drinking career started in high school where he was unsure of himself and scared of what life would bring. His talk's focus is learning to be fearless and vulnerable anytime in life when everything you know tells you not to be. He hopes it helps someone out there. A Syracuse native, he went to Marcellus High School and R.I.T. for college. He resides in Raleigh, NC where he attends several groups. Steve enjoys several hobbies and his good friends. He and his very patient wife of 36 years have three healthy, loving daughters. His sobriety date is May 26, 2014.

9:15 PM – 12 AM	Canandaigua
Talent Show	

9:15 PM – 12 :15 AM	Persian Terrace
Band: Digital Sound DJ's	

SATURDAY

7:30 AM – 8:00 AM	Canandaigua
Morning Meditation: Pete C.	

8:30 – 9:30 AM	
Area Delegate: Cindy D. Skaneateles Court	

The importance of identification in AA (workshop): Paul G. & Christina G. Conesus	
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We ceased fighting anything and anyone (10th): Tim C. Canandaigua	
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Parents of Addicted Adult Children Use Their Al-Anon Tools Al-Anon: Barb W. & Kathy H. Cayuga Court	
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9:45 – 10:45 AM	
AA is a Fellowship of People (Preamble): Maysam S. Canandaigua	

After all our problems were of our own making (pg 103): Aimee B. Conesus	
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Ask It Basket: Derek E. Skaneateles Court	
Al-Anon Provides Us With Many Choices Al-Anon: Frank V. and Judy V. Otisco Court	

11:00 – 12:00 PM	
We emphatically assure you (pg 47): Eric B. Canandaigua	

Principles before Personalities (12th Tradition): Rick R. Conesus	
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Old Timers Panel: Cheryl D. Skaneateles Court	
"Minding Our Own Business" Changed Everything Al-Anon: Kelly D. & Hannah M. Otisco Court	

12:15 -1:15 PM	
You cannot transmit something...(pg 164): Shane T. Canandaigua	

Liquor was but a symptom (pg. 64): Bobby T. Conesus	
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First Things First (pg 135): Rich P. Cayuga Court	
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1:30 PM – 2:00 PM	Persian Terrace
Alateen Speaker: Colin D., Williamsville, NY	

Hi, my name is Colin, I've been coming to meetings for 7 years, I keep coming back because of the help and friendship I've found in my home group. Everyone is so genuine, friendly and understanding which has allowed me to not only get my life back together for the most part, but grow as a person as well. And though I've grown so much, I still have a long way to go. It works if you work it, so work it you're worth it.

1:30 – 2:30 PM	
Spiritual Progress not Spiritual Perfection (Growth): Emily C. Canandaigua	

Our lives depend on the constant thought of others (pg 20): Scotty K. Conesus	
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Embracing Vulnerability (workshop): Steve S. Cayuga Court	
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2:00 PM – 3:00 PM	Persian Terrace
Al-Anon Main Speaker: Aaron J., Charlotte, NC	

My homegroup is One Purpose AFG in Charlotte, NC. I was born and raised here, the oldest of five kids along with some foster brothers. I found Al-Anon in the summer of 1999, and it saved my life.

2:45 – 3:45 PM	
If you have decided you want what we have (5th): John A. Cayuga Court	

The only requirement for membership (3rd Tradition): TBD Conesus	
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4:00 – 5:45 PM	Canandaigua
Movie – Bill W.	

A feature length documentary on one of AA's co-founders.

6:15 PM – 7:45 PM	
Dinner Seating	Finger Lakes Ballroom
7:45 PM	

Sobriety Countdown	Finger Lakes Ballroom
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8:00 – 9:15 PM	
Keynote Speaker: Christina G., Brecksville, OH	

Home group: Pockets of Enthusiasm. I have been an active member of Alcoholics Anonymous for 31 years. I am the current GSR for my home group. I also serve on the program committee for a conference in our area. I get to enjoy both Akron/Cleveland AA fellowship as well as good AA coast to coast. I love the life AA has given me. Sobriety date: June 19, 1993.

Overflow Seating Persian Terrace & Finger Lakes Ballroom	
9:30 – 11:30 PM	Persian Terrace

Ponytail James Band	
9:30 – 10:00 PM	Canandaigua

Meditation: Steve V.	
10:15 – 11:15 PM	Honeoye
Games: All are welcome	

SUNDAY

8:00 – 8:50 AM	Canandaigua
Morning Meditation: Steve V.	

9:00 – 10:00 AM	Finger Lakes Ballroom
AA Spirituality Panel: Mike D.	

9:00 – 10:00 AM	Canandaigua
Al-Anon: "...as we understood Him:" Beth K. & Colin D.	

10:30 – 11:45 AM	Finger Lakes Ballroom
AA Spirituality Speaker: Paul G., Brecksville, OH	

Paul's sober date is 09-15-1991 and is a member of the Newburgh Group in Cleveland for 32 years. He serves as a GSR at his home group, is the PR chair on the Board at Dr. Bob's Home in Akron and is on the program committee of the Atwood conference. He enjoys running a business, traveling and relaxing in his backyard gardens.

